# Advances in Psychotherapy Evidence-Based Practice

Developed and edited with the support of the Society of Clinical Psychology (APA Division 12)



www.hogrefe.com/us/apt



Benefits for APA

members

Advances in Psychotherapy - Evidence-Based Practice provides therapists with practical, evidence-based guidance on the diagnosis and treatment of common clinical disorders, presented in a uniquely reader-friendly manner.

## **Main features**

## Practice-oriented

Information that therapists and practitioners can use in their daily work.

## Easy-to-read

The most important information is summarized in tables, illustrations, displayed boxes, and marginal notes.

## Compact

Each volume is 80–100 pages.

## Expert authors

Recruited for their expertise, many of our authors are leaders in the Society of Clinical Psychology (APA Div. 12).

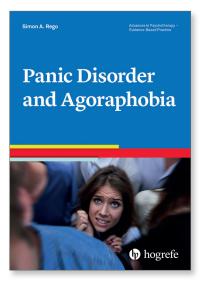
## **Regular** publication

Volumes are published 4 times each year.

#### **Reasonably priced**

Div. 12 members receive \$5.00 off the list price of \$29.80 per volume.

## Latest volume



Simon A. Rego Vol. 55, 2025, x + 108 pp. ISBN 978-0-88937-405-8 Also available as eBook This indispensable volume in the series has been meticulously crafted to address the nuances of diagnosing, assessing, and treating panic disorder and agoraphobia, using the latest interventions derived from cognitive behavioral therapy (CBT). Designed as a brief but comprehensive resource for treatment providers at all levels, this book gives a description of panic disorder and agoraphobia, reviews well-established, empirically derived theories and models, and guides readers through the diagnostic and treatment decision-making process before outlining a detailed 12-session treatment. Each chapter offers practical guidance, specialized insights, and adaptable strategies to tailor the treatment to individual patients. The step-by-step approach, detailed case vignette, and worksheets will enable practitioners to feel confident and competent in empowering clients to overcome their often debilitating fears and reclaim their lives. This is an ideal text for clinical psychologists, other mental health professionals, and students.

## "[This book] is a concise, practical, and complete hands-on guide to understanding and effectively treating this challenging clinical problem"

Robert L. Leahy, PhD, Clinical Professor of Psychology in Psychiatry, Weill-Cornell Medical College, New York, NY

## Order and price information

Single-volume price is \$29.80 + shipping and handling. APA Div. 12 members save \$5 on purchase of single volumes, paying only \$24.80 instead of \$29.80. In order to obtain the membership discount you must first register at www.hogrefe.com and sign up for the discount. Check out all available volumes



# Earn 5 CE credits

Psychologists and other healthcare providers may earn five continuing education credits for reading the books in the *Advances in Psychotherapy* series and taking a multiple choice exam. This continuing education program is a partnership of Hogrefe Publishing and the National Register of Health Service Psychologists\*.

## These are your benefits:

- As National Register member you can take each exam or the entire series of exams free of charge.
- Readers who are not members of National Register can purchase each exam for \$25 or access to the entire series of exams for \$200.
- National Register credentialed psychologists receive a discount on the Advances in Psychotherapy book series. Enter the discount code the National Register has provided at checkout.

## Volumes available for CE credits



Martha C. Tompson Vol. 54, 2024, viii + 116 pp. ISBN 978-0-88937-518-5

Rehman Abdulrehman Vol. 53, 2024, xvi + 106 pp. ISBN 978-0-88937-515-4

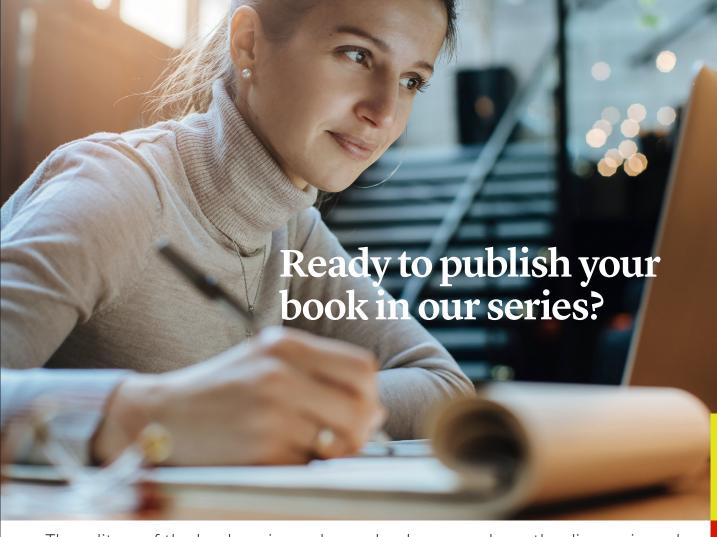
Deborah J. Jones/ Margaret T. Anton Vol. 52, 2024, xii + 82 pp. ISBN 978-0-88937-601-4

Peter Y. Chen Vol. 51, 2024, viii + 98 pp. ISBN 978-0-88937-508-6

# For a list of all volumes available for CE credits check **www.hogrefe.com/us/cenatreg**



\*The National Register of Health Service Psychologists is approved by the American Psychological Association to sponsor continuing education for psychologists. The National Register maintains responsibility for this program and its content.



The editors of the book series welcome book proposals on the diagnosis and treatment of the most common disorders that are evidence-based and integrate science and practice. If you would like to recommend a book for publication, please reach out to our editorial team at **editorial@hogrefe.com**.

# Forthcoming volumes

## **Disorders strand**

- Adolescent Dating Violence
- Obsessive-Compulsive Disorder in Adults, 2nd ed.
- Gambling Disorder 2nd ed.
- Posttraumatic Stress Disorder
- Acute Pain
- Vaping and E-Cigarette Use and Misuse in Teens
- Childhood Irritability
- Interventions for Domestic Violence
- Supporting Children After Mass Violence
- Opiate Use Problems
- Borderline Personality Disorder

## Methods and approaches strand

- Palliative and End-of-Life Care
- Pediatric Psychopharmacology
- Integrated Primary Care

